



Cecelia



Rachel Atkinson for Loop London

A chunky cowl knit in Freia Ombré, using a stitch pattern developed from the concept showcased by Cecelia Campochiaro in her amazing book, Sequence Knitting. The pattern uses pretty much the entire skein and the big needles make this a super fast project – perfect for when you need a quick warm knit.

SIZE

One size: 68cm (26¾in) circumference x 21cm (8¼in) deep

YARN

Freia Super Bulky Ombré (100% wool; 80m / 87 yds per 150g ball)

Shade: Nautilus x 1 ball

NEEDLES & NOTIONS

12mm (US 17) circular needle, 60cm (24in) length

Stitch marker

Large-eye tapestry needle or crochet hook for weaving in ends

TENSION

8 sts and 12 rows to 10cm (4in) over pattern before blocking.

Take time to check your tension and adjust the needle size accordingly to ensure an accurate finish.

ABBREVIATIONS

k	Knit
kfb	Knit into the front and back of a stitch to increase 1
p	Purl
p2tog	Purl 2 stitches together to decrease 1
st(s)	Stitch(es)
tbl	Through the back loop

CHART – WRITTEN INSTRUCTIONS

Round 1: [K2, p3, k1, p1, k1] 7 times, k1.

Round 2: [K1, p3, k1, p1, k2] 7 times, k1.

Round 3: [P3, k1, p1, k3] 7 times, p1.

Round 4: [P2, k1, p1, k3, p1] 7 times, p1.

Round 5: [P1, k1, p1, k3, p2] 7 times, p1.

Round 6: [K1, p1, k3, p3] 7 times, k1.

Round 7: [P1, k3, p3, k1] 7 times, p1.

Round 8: [K3, p3, k1, p1] 7 times, k1.

PATTERN NOTES

• Every round is the same repeat of k3, p3, k1, p1, but for the main section you work over an odd number of stitches to create the diagonal pattern. Once you have worked a few rounds you will find it an easy to memorise and relaxing knit.

• Chart is read from right to left, from the bottom upward.

• Sample shown used 147g of the full 150g skein. If you are worried you might run out of yarn due to a difference in tension, work one less round of the main pattern then decrease as set in the last stitch of the final round of main pattern. Take the rib pattern from the next row of the Chart (working 7 repeats over the 56 stitches) and work the same number of rib rounds and cast-off as given.



PATTERN BEGINS

Using the long-tail method (you will need a tail approximately 230cm (90½in) long), cast on 56 sts. Join for working in the round taking care not to twist the stitches and place a marker to indicate beginning of round.

Work rib as follows:

Rounds 1 & 2: [K3, p3, k1, p1] to end.

Round 3: [K3, p3, k1, p1] to 8 sts from end, k3, p3, k1, kfb. 57 sts

Commence main pattern:

Rounds 4-22: Reading from the Chart or Written Instructions, working the main repeat 7 times around, work rounds 1-8 twice, then work rounds 1-3 **only** once more.

Round 23: [P2, k1, p1, k3, p1] to 9 sts from end, p2, k1, p1, k3, p2tog. 56 sts

Work rib as follows:

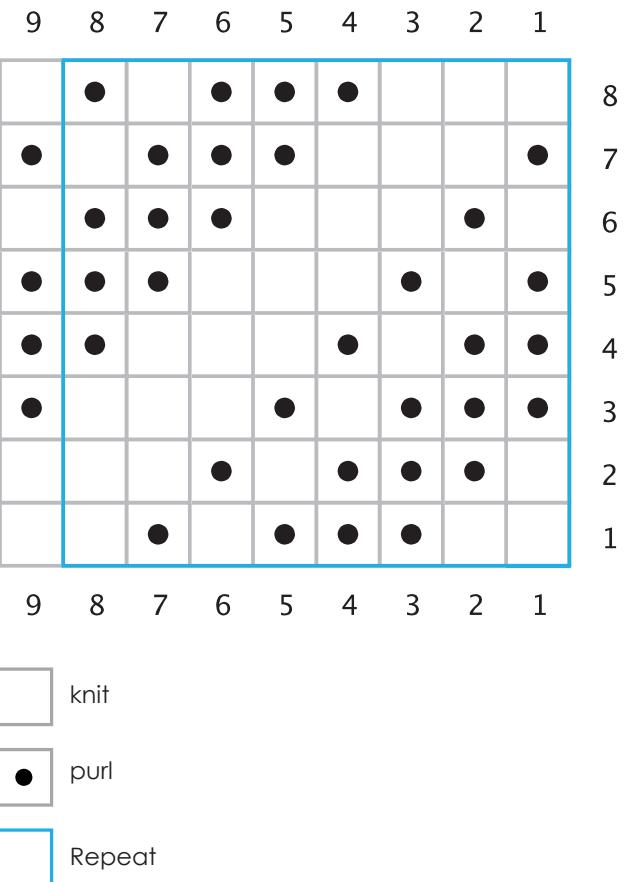
Rounds 25 & 26: [K1, p1, k3, p3] to end.

Cast off in rib pattern.

FINISHING

Weave in ends and gently steam block if desired – we do not recommend wet blocking the cowl in order to retain the shape.

Wear and enjoy!





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Photography by Kristin Perers. Styling by Susan Cropper. Tech edit by Rachel Atkinson.

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Thank you and enjoy your knitting!

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