

LONDON
LOOP



Toe-up Socks

with Afterthought Heel



Juju Vail for Loop London

We love to use beautiful hand-dyed sock yarns to knit the bodies of our socks and then slip in contrasting afterthought heels in hardwearing Jawoll. Not only is this great for hand-dyed yarns, as the afterthought yarn won't break up any colour variation, but it extends your "fancy" sock yarn so you can get more out of it. Afterthought heels can also be replaced if they start to wear out before the rest of the sock. Just pick-up the stitches from the main body and reknit the heel.

We think Madelinetosh's 'Twist Light' yarn is the perfect sock yarn (and also beautiful for shawls!). We also have Lang Jawoll Superwash sock in around 70 colours. Each skein comes with a matching spool of nylon tucked inside the ball which is quite clever. Knit the spool yarn together with the ball yarn on toes, heels and areas that receive a lot of wear (such as fingertips of gloves).

GAUGE

28sts over 10cm/4".

Use needles to achieve gauge; usually between 2.25-2.75mm (US1-2).

YARN

MC: Madelinetosh Twist Light (75% Merino, 25% Nylon 384m / 420yds per 100g skein)

MC: Conference Call x 1 skein

CC: Lang Jawoll (75% Superwash Wool, 25% Nylon 190m / 207yds per 50g skein)

CC: Bird's Egg/372 x 1 skein

Other materials:

A bit of waste yarn

Darning needle

TOE

Using CC CO 20sts using the figure-eight circular method (10sts on each half of the circular needles)

Rnd 1: Knit one rnd.

Rnd 2: K1, m1, knit to last st on this needle, m1, k1, turn to second half of needle, k1, m1, knit to last st, m1, k1.

Repeat these two rnds until there are 48sts (56, 64).

Knit four more rounds in CC yarn.

FOOT

Switch to MC.

Knit until the foot measures 6cm from the desired length or 1cm less than the toe to ankle length.

HEEL PLACEMENT

Knit 24 (28, 32) stitches. Using a smooth waste yarn, knit the remaining 24, (28, 32) stitches. Tie the waste yarn ends together so that stitches are secure until they are picked up for the heel. Slip waste yarn stitches back to left-hand needle.

Using the sock yarn, knit the stitches that were worked with the waste yarn again.

LEG

Continue knitting all stitches in the round for the leg.

We like to increase the width of our socks above the ankle for a bit of slouchiness. To do this make an increase at centre back. Then increase on either side of this centre back stitch, every 6rnds until desired width is reached. We have increased a total of 7sts. in our sample socks.

Knit until desired length before ribbing.

RIBBING

Decrease 3sts to give a number dividing by four and work 2cm of k2, p2 rib. BO using super stretchy bind-off method.

THE HEELS

Using CC, pick up 24 (28, 32) stitches along the bottom of the waste yarn. Flip the sock so that the top of the waste yarn is facing you and repeat the process again. You should now have 48 (56, 64) stitches on your needle. Remove the waste yarn. Begin to work in the round.

When you get to the gap between the top and bottom half, pick up 2 additional twisted stitches on each side to close the holes. After completing the round, you should now have a total of 52 (60, 68) stitches.

Knit 3 rounds of stocking stitch (If you would like to add or decrease depth of heel, knit more/fewer rounds of stockinette stitch during this section). Begin to shape the heel as follows:

Rnd 1: First half of sts; *K1, ssk, k to 3sts before end of this half, k2tog, k1*. Repeat *to* for second half of heel.

Rnd 2: Knit all stitches.

Continue to work these two rounds until you have a total of 24 stitches. Graft heel. Repeat for second sock heel.

Tutorial: <http://www.loopknitlounge.com/2013/05/lots-of-socks/>





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The pattern was designed by Juju Vail for Loop, London. 2018

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Thank you and enjoy your knitting!

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